

TWO FOOT HIGHER TRAMPOLINE/DMT CLUB TRAMPOLINE/DMT PERSONAL PROFILE

PERSONAL DETAILS

Name:	Ben Masterton
Date of Birth:	16 July 2008
Document Version:	1 (April 2018)
Photo	
Coach:	Eilidh Grant
Current Age Group:	Trampoline: 9-10
Current Competition Grade:	Trampoline: Performance Level



PERFORMANCE DETAILS (TRAMPOLINE)

Highest Difficulty: Training			
Highest Difficulty: Competition	Performance Level (3.7)		
Highest First Round Score:	34.9 (8.75 + 12.35 + 13.80)		
Highest FIG Round Score:	35.975 (9.6 + 12.375 + 14.00)		
Highest Voluntary Score:	35.975 (9.6 + 12.375 + 14.00)		
Highest Two Round Score	70.875 (34.9 + 35.975)		
Highest Time of Flight (Set)	12.375		
Scottish Nationals History	2018		
British Nationals History	2018	11 th Spring Series 1	



Current Trampoline Routines (April 2018)

Set Routine	FIG Routine	Difficulty FIG
40/	30/	0.3
41/	10/	0.1
V	V	0
40<	40<	0.6
41<	41<	0.6
0	0	0
410	410	0.6
40o	40o	0.5
<	30/	0.3
40<	510	0.7
		3.7

Future Trampoline Routines (Target April 19) Performance Level 11-12 Voluntary Routine

Voluntary Routine	Difficulty
801o	1.1
40/	0.6
41/	0.6
42/	0.7
410	0.6
40<	0.6
43/	0.8
40<	0.6
41<	0.6
800o	1.0
	7.2